

LOOKING FORWARD

What is it like to have SCD? Watch these videos from people with SCD and their family members to learn more about the challenges they face.

Sickle Cell Disease (SCD) is an inherited blood disorder that causes pain and organ damage. Like other chronic diseases, SCD is associated with mental health concerns and economic hardship.

What is it like to have SCD? These videos from people with SCD and their family members will tell you more about the challenges they face. In addition to health problems, people with SCD face barriers to accessing quality health care. Harmful stereotypes can make these barriers even more challenging.

How can we help people with SCD? People with SCD need improved:

- Access to mental health resources and non-pharmacological pain management therapies.
- Healthcare provider knowledge.
- Access to quality, evidence-based patient care.
- Employment opportunities for those whose career options are compromised by the physical limitations of their illness.

HEALTH CARE

Managing health care for patients with sickle cell can be challenging due to the lack of specialty providers.

[Listen to Lena's challenges >](#)
[Listen to Kanneitha's challenges >](#)
[Listen to Charity's challenges >](#)



INSURANCE

Navigating insurance can be tough for anyone, but especially for someone with a chronic disease like sickle cell.

[Listen to Kanneitha talk insurance >](#)
[Listen to Anthony talk insurance >](#)



FAMILY LIFE

Family life for patients with sickle cell may not look like the norm. It can include a multitude of challenges for every household member. Here are Jaxon and Anthony talking about their family.
[Watch Jaxon >](#) | [Watch Anthony >](#)



TRANSPORTATION

Transportation continues to be a barrier to care for many people with sickle cell.

[Listen to Anthony talk about his family's struggles with transportation >](#)



MISCONCEPTIONS

The misconceptions surrounding sickle cell disease can greatly affect the treatment patients receive when seeking medical care and community support.

[Listen to Lena's challenges >](#)
[Listen to Charity's challenges >](#)



MENTAL HEALTH

Living with a serious chronic illness like sickle cell can take a toll on a person's mental health. As a parent of a person with sickle cell disease, witnessing these mental struggles can be hard.

[Watch Charity's story here & here >](#)

